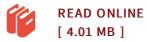




Diet in sickness and in health

Ву-

RareBooksClub. Paperback. Book Condition: New. This item is printed on demand. Paperback. 66 pages. Dimensions: 9.7in. x 7.4in. x 0.1in. This historic book may have numerous typos and missing text. Purchasers can usually download a free scanned copy of the original book (without typos) from the publisher. Not indexed. Not illustrated. 1895 edition. Excerpt: . . . what to avoid, and having discovered the rules by which to govern himself he must abide by them. Doctors, to whom dyspeptics go for treatment and advice, are fond of giving their patients written or printed lists of the things they may eat and not eat, the time for meals, etc. This rule of thumb may answer fairly well with a mass of people, but it is scarcely intelligent or scientific. These lists, and even the prescriptions, are handed on from one dyspeptic to another in the hope that the talisman may act without the payment of the standard fee. The results of this haphazard method of treating a most complicated malady would afford comic reading if they could be collected, and might doubtless form the bases for many miraculous cures. Asking once for something requiring immediate attention to be made up for me...



Reviews

This book may be really worth a read through, and far better than other. it was actually writtern extremely completely and valuable. I am just very easily will get a satisfaction of looking at a published ebook.

-- Lillie Toy

It is easy in read through easier to fully grasp. it had been writtern very completely and useful. I am pleased to let you know that here is the greatest book we have read during my personal life and could be he very best book for possibly.

-- Miss Marge Jerde